

The Dream or Two Experience of Yachting

Is the Dream just a Dream.... or are you doing what you love??

RYA Competent Crew Practical Course



The aim of this course is to introduce the complete beginner to cruising and to teach personal safety, seamanship and helmsmanship to the level required to be a useful member of the crew of a cruising yacht.

Course Syllabus

The RYA Course Syllabus and Log Book provides a useful record of achievement as it holds your completion certificate issued by your instructor and enables you to record your sailing experience.

In your Log Book, your instructor will sign against each of the competencies listed below, when successfully completed

1. Knowledge of sea terms and parts of a boat, her rigging and sails
Sufficient knowledge to understand orders given concerning the sailing and day-to-day running of the boat
2. Sail handling
Includes setting, reefing and handling of sails and use of sheets, halyards and winches
3. Ropework
Ability to tie different knots and know their correct use, handling ropes and warps including coiling and securing to cleats
4. Fire precautions and fighting
Awareness of the hazards of fire, how to prevent it and knowledge of the action to be taken in event of fire
5. Personal safety equipment
Understands and complies with rules for wearing safety harnesses and lifejackets
6. Man overboard
Understands the action to be taken to recover a man overboard
7. Emergency equipment
Knows when to use and can operate distress flares and understands how to launch and board a liferaft
8. Manners and customs

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Understands accepted practice including courtesies of sailing and berthing and is aware of responsibilities to protect the environment

9. Rules of the road

Is able to keep an efficient lookout at sea

10. Dinghies

Understands and complies with the loading rules and is able to handle a dinghy with oars

11. Meteorology

Awareness of forecasting services and knowledge of the Beaufort scale

12. Seasickness

13. Helmsmanship and sailing

Understands the basic principles of sailing and can steer and trim sails on all points of sailing, and can steer a compass course under sail and power

14. General duties

Has satisfactorily carried out duties in connection with daily running of the vessel, both on deck and below decks

The RYA Course Syllabus and Log Book will be available for purchase from your instructor upon your arrival on the course. The completion certificate is included in the cost of your course.